

**NCBTMB Approved Course Listing  
Dr. Ida Rolf Insitute**

Category	CE Hours	Course Title	Course Type
Rolfing	30	"Being Yourself in the World" A Deepening of the Rolfing® Structural Integration Ten Series - Integrative Sessions	Live
CranioSacral Therapy	168	A Foundational Training in Cranial Sacral Therapy: Integrating Field Phenomena, Embryology and Presence	Live
CranioSacral Therapy	42	A Foundational Training in Cranial Sacral Therapy: Integrating Field Phenomena, Embryology and Presence, Module 1: The Art of Healing	Live
CranioSacral Therapy	42	A Foundational Training in Cranial Sacral Therapy: Integrating Field Phenomena, Embryology and Presence, Module 2: Facial Development and the Emerging Social Nervous System	Live
CranioSacral Therapy	42	A Foundational Training in Cranial Sacral Therapy: Integrating Field Phenomena, Embryology and Presence, Module 3: The Belly of Instinct and Pulsation	Live
CranioSacral Therapy	42	A Foundational Training in Cranial Sacral Therapy: Integrating Field Phenomena, Embryology and Presence, Module 4: Development and Manifestation of Primary Midlines	Live
Postural/Structural Integration	24	A Salon on the Art of Rolfing® Structural Integration with Jan Sultan	Live
Postural/Structural Integration	21	A Salon with Jan Sultan	Live
Postural/Structural Integration	21	A Salon with Jan Sultan	Distance Learning/ Webinar
Ethics	3	A Salon with Jan Sultan- Ethics	Distance Learning/ Webinar
Ethics	3	A Salon with Jan Sultan- Ethics Live	Live
Rolfing	168	Advanced Rolf® Training	Live
Rolfing	42	An Energetic Foundation for Rolfing®	Live
Postural/Structural Integration	9	Approaching Scoliosis through Perception and Movement (Part 1, Webinar)	Distance Learning/ Webinar
Postural/Structural Integration	10.5	Approaching Scoliosis through Perception and Movement (Part 2, Home Study)	Home Study
Rolfing	30	Being Yourself in the World- The Integrative Sessions: A Deepening of the Rolfing Structural Integration Ten Series- 30 CE's	Live
Other	21	Biodynamic Cranial Sacral	Live
Rolfing	40	Biomechanics of the Axial Complex	Live
Rolfing	22.5	Biomechanics of the Axial Complex with Juan David Velez	Live
Rolfing	8	Biomechanics of the Axial Complex: Axial Complex and its relationships with Jan Sultan	Live
Rolfing	22.5	Biomechanics of the Axial Complex: How to work with the back and spine	Live
Rolfing	37.5	Biomechanics of the Axial Complex: The Spiraling Spine	Live
Other	21	Breathing and Walking	Live
Movement and Exercise Therapies	30	Breathing and Walking	Home Study
Movement and Exercise Therapies	20	Breathing and Walking (Part 1- Webinar)	Distance Learning/ Webinar
Movement and Exercise Therapies	10	Breathing and Walking (Part 2- Home Study)	Home Study
Therapeutic Massage	35	Breathing and Walking: Movement Education to Support the SI Series	Live
Other	21	Breathing and Walking: Movement Education to Support the Structural Series	Live
Rolfing	30	Connecting to Essence: Deepening the Rolfing Ten Series, Part 2 of 3	Live
Postural/Structural Integration	24	Cranial and Cervical Interrelationships	Live
CranioSacral Therapy	117	Cranial Sacral Class	Live
CranioSacral Therapy	30	Cranial Sacral Class- Module I	Live
CranioSacral Therapy	30	Cranial Sacral Class- Module II	Live
CranioSacral Therapy	30	Cranial Sacral Class- Module III	Live
CranioSacral Therapy	30	Cranial Sacral Class- Module IV	Live
Other	21	Dancing in the Connective Tissue	Live
Rolfing	40	Deepening the Rolfing Ten Series	Live
Rolfing	37.5	Deepening the Rolfing Ten Series through Movement and Manipulation	Live
Rolfing	30	Deepening the Rolfing Ten Series with Lisa Fairman and Neal Anderson. Part 1 of 3 - Building Foundations for Transformation	Live
Rolfing	8	Deepening the Rolfing Ten Series: Core Complex and its Relationships with Jan Sultan	Live
Rolfing	8	Deepening the Rolfing Ten Series: Sleeve (ribcage) and its Relationships with Jan Sultan	Live
Rolfing	22.5	Deepening the Rolfing Ten Series: Focus on the Core	Live
Rolfing	15	Deepening the Rolfing Ten Series: Focus on the Core (2 day)	Live
Rolfing	37.5	Deepening the Ten Series Through Rolf Movement Integration	Distance Learning/ Webinar
Ethics	3	DEIB Training- Implicit Bias in Somatic Organizations: An Introduction	Distance Learning/ Webinar
Ethics	3	DEIB Training- Implicit Bias in Somatic Organizations: An Exploration	Distance Learning/ Webinar
Rolfing	21	Direct Manual Approach to the Pelvis and Spine	Live
Movement and Exercise Therapies	25	Dynamic Stability: Building Capacity to Meet Demand - Online Workshop for Bodywork Professionals, Movement Educators, & SI Practitioners (Part 1, Live Webinar)	Distance Learning/ Webinar
Movement and Exercise Therapies	13	Dynamic Stability: Building Capacity to Meet Demand - Online Workshop for Bodywork Professionals, Movement Educators, & SI Practitioners (Part 2, Home Study)	Home Study
Rolfing	15	Effective Rolfing Neck Work	Live
Rolfing	42	Embodying Rolf's Structural Integration Recipe	Live
Rolfing	30	Embodying Rolf's Structural Integration Recipe - Part 1, Live Webinar	Distance Learning/ Webinar
Rolfing	12	Embodying Rolf's Structural Integration Recipe - Part 2, Home Study	Home Study
Rolfing	45	Fascial Spaces - A Volumetric Approach for the Integration of Human Structures	Live
Rolfing	21	Focus on the Functional Aspects of the Series	Live
Rolfing	24	Foundational Rolf Movement Integration Concepts & Skills	Live
Rolfing	15	Foundational Rolf Movement Integration Concepts, Skills, and Embodiment	Live
Therapeutic Massage	28	From Fascia to Fluids	Live
Rolfing	37.5	Grounding, Sequencing and Orienting in the Ten Series and Beyond	Live
Rolfing	22.5	Ignition: Contra Lateral Gait Through Responsive Diaphragms	Live
Rolfing	24	Inner Spaces of the System of Fascia and Membranes	Live
Rolfing	22.5	Integration: Deepening the Ten Series	Live
Postural/Structural Integration	21	Integrative Strategies for Structural Integration	Live

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Other	35	Interoception: The Primordial Roots of Sensation Tonus and Gesture	Live
Postural/Structural Integration	45	Normal Stability: Evoking Inherent Adaptability to Meet Demand	Live
Postural/Structural Integration	30	Normal Stability: Evoking Inherent Adaptability to Meet Demand- Part 1 Live Webinar	Distance Learning/ Webinar
Postural/Structural Integration	15	Normal Stability: Evoking Inherent Adaptability to Meet Demand- Part 2 Home Study	Home Study
Therapeutic Massage	35	Our Spine in Motion	Live
Rolfing	40	Pelvic Girdle and Legs	Live
Rolfing	24	Pelvic Girdle and Legs with Ellen Freed	Live
Rolfing	8	Pelvic Girdle and Legs: Pelvic Girdle and its Relationships with Jan Sultan	Live
Rolfing	24	Pelvic Girdle and Legs: Structural Aging by Valerie Berg/The Structural Patterns that Age Us. Postural and Functional Breakdowns.	Live
Rolfing	28	Pelvic Girdle and Legs: The Volumetric Pelvis	Live
Rolfing	87	Phase I: Accelerated Foundations of Rolfing® Structural Integration	Live
Rolfing	218	Phase I: Foundations of Rolfing® Structural Integration	Live
Rolfing	244	Phase II: Embodiment of Rolfing® Structural Integration and Rolf Movement® Integration	Live
Rolfing	269	Phase III: Clinical Application of Rolfing® Theory	Live
Therapeutic Massage	14	Principles of Self-Care and Well Being - Explorations in Body Movement Intelligence	Live
Rolfing	225	Rolf Movement® Certification Integrative Studies Program	Live
Rolfing	30	Rolf Movement® Integration - Enhancing Coordination: Shifting from Conceptual to Perceptual (Part 1)	Live
Rolfing	15	Rolf Movement® Integration - Enhancing Coordination: Shifting from Conceptual to Perceptual (Part 2)	Distance Learning/ Webinar
Rolfing	75	Rolf Movement Integration - Intensive (module 1 of 3)	Live
Rolfing	75	Rolf Movement Integration - Intensive (module 2 of 3)	Live
Rolfing	75	Rolf Movement Integration - Intensive (module 3 of 3)	Live
Rolfing	28	Rolf® Reunion Workshop	Live
Rolfing	22	Rolfing after Rolf Holism in an Evidence-based World	Live
Rolfing	21	Rolfing® SI and Trauma	Live
Rolfing	40	Shoulder Girdle/Arms/Axial Relationships	Live
Rolfing	24	Shoulder Girdle/Arms/Axial Relationships: Freedom of the Wings with Valerie Berg- Shoulder to Finger Tips	Live
Movement and Exercise Therapies	30	Spinal Therapeutics: A Systems Approach to Vitality and Personal Agency	Live
Rolfing	24	Spirals in Motion	Live
Therapeutic Massage	21	Structural Visceral Integration: Fascial Manipulation for the Low-Back Pelvis & Abdomen	Live
Rolfing	24	The Art of Rolfing; An introduction to the theory and practice of Rolfing SI	Live
Rolfing	40	The Cranium and Cranial Relationships	Live
Rolfing	22.5	The Cranium and Cranial Relationships: Refining, Enhancing and Empowering your work with the Head and Neck a course with Kevin McCoy	Live
Rolfing	28	The Evolution of Ida Rolf's Vision: Continuing the Exploration	Live
Rolfing	22.5	The Neck & Cranium: Detailing Session 7	Live
Rolfing	21	The Neurobiology Of Structural Integration	Live
Other	28	The Neurology of Posture	Live
Other	28	The Neurology of Posture II	Live
Rolfing	30	The Shoulder Girdle/Arms/Axial Relationships: Shoulder Girdle and its relationships with Jan Sultan	Live
Rolfing	22	The Upper Thoracic Aperture	Live
Myofascial	30	The Volumetric Thorax	Live
Rolfing	21	Thematic Neck Work in the Series	Live
Rolf Movement	48	This Remarkable Body: Explorations in Somatic Imagination	Live
Movement and Exercise Therapies	45	Tonic Function Model of Rolf Movement: Study Group	Live
Movement and Exercise Therapies	24	Tonic Function Study Group	Distance Learning/ Webinar
Self-care	4	Transforming Self and Practice Through Embodied Movement	Live
Other	28	Visceral Manipulation	Live
Therapeutic Massage	24	Visceral Manipulation for Structural Integrators: Module 1	Live
Therapeutic Massage	35	Vision Breath and Orientation: The Key Elements of Movement Integration	Live
Therapeutic Massage	21	Working with the Functional Aspects of the Series: Three Day Rolf Movement® Workshop	Live