# Dr. Ida Rolf Institute

Board of Directors

Regular Session

November 19, 2024

AGENDA

12:00 Consent Agenda

* October 26 Regular Session Minutes
* November 5 Work Session Minutes

12:05 Mission and Vision Statements

**Mission of the Dr. Ida Rolf Institute**

To provide high-quality education and promote research to advance Rolfing® Structural Integration and Rolf Movement® Integration - our proprietary methods for optimizing human structure and function.

**Vision of the Dr. Ida Rolf Institute**

We envision a world in which optimizing structure and function of the human body is an integral part of health and well-being.

12:10 Board Agreements Review

12:15 Executive Director Report – Samantha

* Enrollment

12:30 Treasurer Report – Kayla Ann and Cosper

12:40 Collaboration tools/platforms update – Teams platform

* Strategic Goals/Actions
* Files

12:45 Proposed online meeting - vote

12:50 Executive Session

* ERA meeting – add Florian
* Revise EEC Chair position title - passed
* Intaact accounting system and board access
* Membership requests from Guild graduates
* Letters of appreciation

1:30 Adjourn

**2024 BOARD SCHEDULE – 12:00 Mountain Time**

Work Session Board Meeting

1st Tuesday 3rd Tuesday

Nov 5 Nov 19

Dec 3 Dec 17

**2025 BOARD SCHEDULE – 12:00 Mountain Time**

Work Session Board Meeting

1st Tuesday 3rd Tuesday

Jan 7 Jan 21

Feb 4 Feb 18

Mar 4 Mar 18

Apr 7 Apr 21

May 6 May 20

Jun 3 Jun 17

Jul 7 Jul 21

Aug 5 Aug 19

Sep 2 Sep 16

Oct 7 Oct 21

Nov 4 Nov 18

Dec 2 Dec 16