

Becoming a Rolfer™ at a Glance

Regional Basic Rolwing® Certification Program for the Professional Bodyworker

These programs are NOT included in COMTA accreditation and are NOT ELIGIBLE for federal student aid.

Before You Apply, You Need

- A High School diploma or recognized equivalent.
- One of the following:
 - a. An official academic transcript, equivalent to an AA degree or occupational certificate, showing at least 60 credit hours at an institution of adult or higher education.
OR
 - b. Documentation of a minimum of four years of equivalent career experiences and professional accomplishment.
- A federal- or state-issued ID and solo headshot photograph (for identification purposes).
- International Students only: Copy of passport ID page and TOEFL test scores.
- A resume of professional experience.
- Three professional reference letters (1-2 pages maximum length).
- Completion of a minimum 250-hour bodywork program. Students must submit an official transcript that shows at least 47 hours of Anatomy, 21 hours of Physiology, 45 hours of Massage or other approved touch training, and 15 hours of Therapeutic Relationship.
- 50 documented hours of post-graduate massage practice experience or comparable clinical experience.

Admission Requirements

- Non-refundable \$50 Enrollment Application fee. (Fee will be refunded if student is not admitted or has not signed an enrollment agreement.)
- Verification of having received a complete Rolwing Ten-Series from a Certified Rolfer. RISI reserves the right to require a physician's release for any student.
- Approval of an application and required enrollment forms.
- A written 2-3 page personal life experience essay.
- \$300 deposit for class registration.

Written assignments are due 3 weeks before Basic training begins.

Basic Rolwing Certification Program – Regional

600 hours

Offered Regionally

1-2 years Modular/Online

\$16,690 + fees • A \$300 deposit is required to register for the program.

Basic Rolwing Certification Program – Regional + Rolwing Movement Certification

600 hours + 30 days Rolwing Movement® Certification

Offered Regionally

1-2 years Modular/Online

\$22,343 + fees • A \$300 deposit is required to register for the program.

YOU'RE A
CERTIFIED ROLFER™ *

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CERTIFIED ROLFER™ *
&
ROLwing MOVEMENT®
PRACTITIONER!*

After Graduation

RISI MEMBERSHIP

*The use of service marks requires Rolwing Institute membership.

Upon completion of training, graduates can become a Rolwing Institute Member for their first 12 months at a discounted rate, providing access to Rolwing Institute service marks and membership benefits.

Required Continuing Education

A minimum of 18 days of Required Intermediate CE over a period of 3-7 years (or 9 years if already a Rolwing Movement practitioner) is a prerequisite preparation for Advanced Rolwing Certification.

Rolwing Movement Integration Certification

30-day intensive training focusing on various aspects of a unified movement theory. \$6,060 + fees

YOU'RE A CERTIFIED
ROLwing MOVEMENT®
PRACTITIONER*

Certified Advanced Rolfer Training

Focus is on developing individualized design of sessions to meet the immediate needs of the client. Prerequisites: 18 days of approved CE hours as described above. \$6,097 + fees.

YOU'RE A CERTIFIED
ADVANCED ROLFER™ *