

Becoming a Rolfer™ at a Glance

Basic Rolfling® Certification Program for the Non-Bodyworker

This program is included in COMTA accreditation.

Before You Apply, You Need

- A High School diploma or recognized equivalent.
- One of the following:
 - a. An official academic transcript, equivalent to an AA degree or occupational certificate, showing at least 60 credit hours at an institution of adult or higher education.
OR
 - b. Documentation of a minimum of four years of equivalent career experiences and professional accomplishment.
- A federal- or state-issued ID and solo headshot photograph (for identification purposes).
- International Students only: Copy of passport ID page and TOEFL test scores.
- A resume of professional experience.
- Three professional reference letters (1-2 pages maximum length).

Admission Requirements

- Non-refundable \$50 Enrollment Application fee. (Fee will be refunded if student is not admitted or has not signed an enrollment agreement.)
- Verification of having received a complete Rolfling Ten-Series from a Certified Rolfler. RISI reserves the right to require a physician's release for any student.
- Approval of an application and required enrollment forms.
- A written 2-3 page personal life experience essay.
- \$900 deposit for class registration (\$300 applied to each phase).

Written assignments are due 3 weeks before Basic training begins.

Basic Rolfling Certification Program

731 hours

\$19,178 + fees • A \$900 deposit is required to register for all three program phases.

Phase I: Foundations of Rolfling Structural Integration

218 hours ~ Six week Intensive

A required study interval between Phase I and Phase II.

Prior to Embodiment of Rolfling SI & Rolf Movement Integration:

- 50 hours of *Skillful Touch* and two written essays must be completed.
- Verification of having received three (3) Rolf Movement Integration sessions from a Certified Rolf Movement Practitioner prior to the start of Phase II.

Written assignments must be submitted online 4 weeks before the start of Phase II.

Phase II: Embodiment of Rolfling Structural & Rolf Movement Integration

244 hours ~ Eight week Intensive

A required study interval between Phase II and Phase III.

A mentorship with a Rolfler for supervision and practice of skills is highly recommended during the study interval between Phase II and Phase III.

Written assignments must be submitted online 4 weeks before the start of Phase III

Phase III: Clinical Application of Rolfling Theory

269 hours ~ Eight week Intensive

After Graduation

RISI MEMBERSHIP

*The use of service marks requires Rolf Institute membership.

Upon completion of training, graduates can become a Rolf Institute Member for their first 12 months at a discounted rate, providing access to Rolf Institute service marks and membership benefits.

Required Continuing Education

A minimum of 18 days of Required Intermediate CE over a period of 3-7 years (or 9 years if already a Rolf Movement practitioner) is a prerequisite preparation for Advanced Rolfling Certification.

Rolf Movement Integration Certification

30-day intensive training focusing on various aspects of a unified movement theory. \$6,060 + fees

YOU'RE A CERTIFIED
ROLF MOVEMENT®
PRACTITIONER*

Certified Advanced Rolfler Training

Focus is on developing individualized design of sessions to meet the immediate needs of the client. Prerequisites: 18 days of approved CE hours as described above. \$6,097 + fees.

YOU'RE A CERTIFIED
ADVANCED ROLFLER™ *

YOU'RE A CERTIFIED ROLFLER™ *